I want to be a source of stability and inspiration for my family. I commit myself to succeed in my career while balancing my emotional needs with those of family members. I want my actions to promote harmony and increase everyone's chance for future happiness. When stress threatens to overtake me, I consciously take time to calm down to prevent acting with hostility or annoyance toward others. I also express my needs and seek support from others instead of letting my problems stew inside me as I've been prone to do in the past.

My life's work has a greater purpose beyond my own material needs. I identify a problem in my community and take responsibility for contributing to its solution. My purpose is to serve others in a way that best matches my skills and values, and I am committed to making choices in my personal and professional life that furthers that purpose.

My personal vision recognizes that I am a small part of a living Earth. I want to live in a way that represents authentic participation in a sustainable ecosystem. My guiding principle is reducing my negative impact on the environment. I direct my spare time toward regenerative practices that nurture the soil, such as gardening and tree planting. I control my consumption by choosing a modestly-sized home and reducing my production of plastic waste through conscious consumer choices and actions. I become an example to others for the purpose of spreading a greater appreciation for green living.

My vital role in the lives of my children automatically means that I have a great purpose in life. Instead of dreaming about the world seeing my value, I strive every day to be the hero of my family. My job as a parent is to mindfully raise my children in an environment of acceptance, love, and affirmation.

Advancing my career is important for me at this point in life. If I achieve my career goals, I'll have greater financial stability and peace of mind. To make these things happen, I intend to set certain standards for my professional life and only make strategic compromises. I want to keep myself accountable for my career instead of falling back into the habit of blaming others for my disappointments. I cannot control everything that influences my career, but I can persist after setbacks and focus on what I can do to improve my skills and increase my value. This means that I should seek continuing education and make time for networking with colleagues. I must put myself out there to connect with opportunities.
My rough childhood has inspired me to choose a career in teaching. I accept the challenges of this occupation with grace because children need positive adults in their lives. For some children, a caring adult within their community can give them hope when things aren't good at home. I believe that this purpose helps me be content with my life and heal the wounds from my past.

Upon much reflection and consultation with those who know me best, I accept that my stubbornness is both my greatest strength and weakness. To take advantage of it as a strength, I intend to volunteer with my local legal aid office, where my experience as a paralegal can benefit people who lack resources to cope with legal challenges. Legal issues often require patience and persistence, and these two traits are reflected in my stubborn nature.

Although I value my introverted nature, I intend to experience more human connections in my life. I recognize the value of stretching myself and interacting with more people. To this end, I am setting the goals of joining a book club and hosting dinner parties twice a year.

My whole life I imagined myself with children, and the time has come for me to make family a priority. I plan to devote more time to dating in the hopes of finding lasting love and building a happy, healthy family life in the next five years.

My personal vision statement places faith at its center. Attending religious activities gives me a deep sense of spiritual connection with others. I want to learn more about my religion and provide comfort to people in their times of need. As a result, I intend to join a place of worship, attend services, and participate in at least one outreach program.

I see now that I could be in much better financial shape if I had been thoughtful earlier in life. My mission now is to value financial responsibility above impulsive purchases. I make money decisions related to how they benefit me instead of how they provide short-term gratification. This helps me alleviate financial stress and improve my well-being.