What actions and behaviors can I take that feel the most loving to you?

What could I say or do that feels unloving to you?

How can we revive our love and intimacy as a couple when things get boring or distant?

What makes you feel respected in our relationship?

How should I communicate a problem or concern to you?

Am I listening to you in a way that makes you feel completely heard?

What are your deepest emotional needs?

What words should I never say to you even in playfulness?

Is there anything about our sex life that makes you unhappy or uncomfortable?

What activities can we share as a couple that will bring us closer?

What should we do if one of us changes our spiritual or religious views?

What should we do if one or both of us gets really angry during a conflict?

How much time should we spend with our parents and extended family?

What are some ways that we can grow together as a couple?

What childhood wounds can I help you heal and how?

What are the “hot button” issues or topics that trigger anger, pain, or resentment in you?

How can I best support you when you are feeling sad, worried, or depressed?

What are your dreams and goals for yourself in the next ten years?

In what area do you think our relationship needs the most improvement and why?

Do you think we prioritize our relationship over everything else (kids, work, money, extended family, hobbies, etc.)? If not, how can we improve this?

When did you first realize you were in love with me?

What do you consider the perfect romantic evening or day?

In what ways do I make you a better man/woman?

What would be the perfect romantic getaway for just the two of us?

What can I say to you that feels romantic to you?

What romantic gestures do you like?

What is the perfect romantic gift?

What do you love most about me and why?

What are your best memories of us as a couple?

How can we keep our romance alive over the years to come?
97 COUPLES QUESTIONS
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What kind of affection and touch makes you feel the most loved?
What is going on in our lives that prevents us from feeling romantic and what can we do about them?
What makes you feel really close to me?
How should I let you know that I need more romance from you?
How should we handle it if one of us needs more romantic gestures than the other?
What kind of surprises do you like?
When do you find me the most attractive?
How can we have more fun together?
How often do you want me to tell you, “I love you.”?
What are your memories of our first kiss?
How do you like me to initiate sex?
What kind of foreplay do you prefer?
Should we change up our foreplay? How often?
Do you have sexual fantasies that you haven't shared but would like to?
Do you enjoy sex toys or would you like to try them?
What words, gestures, and touch feel erotic and exciting to you?
What can we do in between sexual encounters to keep the sexual energy alive between us?
How often do you want to have sex?
How much cuddling do you need after sex?
What is off-base completely when it comes to our sexual activity?
Would you like to make love outside of our bedroom?
If so, where? In what ways has our sex life gotten boring and how can we improve it?
How much talking do you prefer before, during, and after sex?
What would you like me to wear before and during sex?
Is there anything happening in our relationship that is impacting our sex life?
If so, how can we address it?
What part of my body turns you on the most?
How does our sex life make us closer as a couple?
Do you have any hang-ups about sex that you can share with me?
What should we do if one of us wants more sex than the other?
Who in your family are you most like and how?

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What are your goals for us as a couple?
What hobbies do you enjoy doing as a couple?
When you're surfing the net, what do you like to read or look at?
How do you handle it if your family disagrees with a decision you've made?
What are the most important qualities you want in a romantic partner?
Do you think it's okay to maintain platonic friendships with the opposite sex?
What is your biggest weakness?
Who in your life do you most respect and why?
What is your idea of a perfect vacation?
What are your health and fitness goals?
What do you do when you feel blue or unmotivated?
Do you want to have children one day?
If (when) you have children, do you want to raise them with religion?
How do you think couples should divide household chores?
How have you responded in the past when you've gotten angry with your partner?
Do you have a savings plan and financial goals?
Do you think it's important for one parent to stay home full-time with the kids?
Are you more of a night owl or a morning person?
Would you say you're more of an introvert or an extrovert?
Do you like to move around a lot or stay in one city?
How important is it to spend holidays with your family?
What is something you always wanted as a child but never had?
If you could give yourself any other name, what would it be?
What is the worst first date you ever had and what happened to make it so bad?
Which one of your parents are you the most like and how?
If you could be invisible, how would you use this superpower?
Who are the three most influential people in your life other than me and your parents?
If you had to describe yourself in five words, what would they be?
If you had to describe me in five words, what would they be?
If you didn't have to work, how would you spend your time?
If you could meet any person in history, who would it be and what would you talk about?
What is your favorite smell?
If you could change the world in one big way, what would it be?
Where are three places you'd like to live if we could move now or in the future?
What is one big risk you've always wanted to take but been too afraid to try?
What do you think we'll be doing in our lives when we are in our eighties?

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